FROM THE HEALTH OFFICE

Dear Parent or Guardian: Welcome to The Bridges Academy!

Prior to the start of school please inform the School Nurse if your child:

- Has a physical activity restriction
- Has a medical/surgical history or current health concerns
- Has any food or medication allergy/restriction. If your child **does** have a food allergy requiring an Epi-pen and/or Benadryl to be kept in school, a Food Allergy and Anaphylaxis Emergency Care Plan needs to be filled out by the physician along with a medication authorization form that I mention below.
- Requires medication during school hours (over-the-counter or prescription) on a daily basis or on an as needed basis. (Ex: Epi-Pen, Benadryl, Asthma Inhalers, Cough Syrup, Motrin, Tylenol), a medication authorization form filled out by the parent and physician is required to administer medication during school hours in accordance with New York State law. All medication must be brought to school by an adult, not the student and must be in the original pharmacy container/packaging with your child's name on it, medication cannot be expired.
- Is in need of any immunizations. Please follow up with Physician to make sure required immunizations are up to date. No student may be admitted to school without the New York State Immunization requirements.
- Any medical forms needed can be picked up in the nurse's office, or found on our school website.

If you have any questions or concerns, please contact the School Nurse at (631)358-5035 ext. 30.

My email is Beth.Hughes@bridgesli.org if you need to contact me over the summer.

For your convenience any Physical Exam forms/Medication forms/Doctor's orders can be faxed directly to School Nurse at (631) 677-3999. I look forward to meeting your child in September!

THE BRIDGES ACADEMY

CHARACTER • CONFIDENCE • KNOWLEDGE

REQUIRED HEALTH RECORD FORMS

Dear Parent(s)/Guardian(s):

The physical well-being of your child is an important factor in his or her progress and happiness in school. New York State law requires a health examination for all students entering our school for the first time and when entering Toddler, Nursery, Pre-K, Kindergarten, First, Third, Fifth and Seventh grade.

The examination must be completed by a New York State licensed physician, physician assistant or nurse practitioner and on the *approved* NYSED Student Health Examination Form for school year 2025-2026. Health forms can be found on our Bridges website to print for your convenience.

Please have the approved NYSED Health Examination Form completed by your child's doctor, including a record of all immunizations, based on an examination performed not more than twelve months prior to the start of the school year in which the exam is required, and return this information to the school nurse **on or before August 1st.**

Please Note: The New York State Department of Health has Immunization Requirements for school Entrance/Attendance. Please confirm with your child's doctor that their immunizations are up-to-date by August 1st so the school nurse can review the immunization records and contact parents if additional vaccinations are required for attendance.

New York State Education law also requests a dental examination for every new entrant to school and all students in Pre-K, Kindergarten, First, Third, Fifth and Seventh grade. Please send in a "Dental Health Certificate"(can be found on the Bridges website with the health forms.)Have form completed by your child's dentist and returned to the school nurse as it will be filed in your child's Cumulative Health Record.

If your child is scheduled for an upcoming Physical Exam dated after August 1st please return the bottom half of this letter to the health office. Regardless of grade it is always helpful to me if you send in a copy of your child's most current physical to the Health Office. It gives me the most current information so I can better take care of your child when they visit the Health office. Physical Exam forms can be faxed directly to me at (631) 677-3999. For any questions or concerns over the summer, can e-mail me directly at: Beth.Hughes@bridgesli.org

Sincerely,

Beth Hughes, R.N.

PLEASE RETURN THIS PORTION

My Child (Name) _____ **Grade:**_____

HAS AN APPOINTMENT FOR A PHYSICAL ON (Date) _____

REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM
TO BE COMPLETED BY PRIVATE HEALTHCARE PROVIDER OR SCHOOL MEDICAL DIRECTOR
IF AN AREA IS NOT ASSESSED INDICATE NOT DONE

Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

STUDENT INFORMATION

Name:	Affirmed Name (if applicable):	DOB:
Sex Assigned at Birth: ☐ Female ☐ Male	Gender Identity: ☐ Female ☐ Male ☐ Nonbinary ☐ X	
School:	Grade:	Exam Date:

HEALTH HISTORY

If yes to any diagnoses below, check all that apply and provide additional information.

☐ **Allergies**	Type: ☐ Medication/Treatment Order Attached ☐ Anaphylaxis Care Plan Attached
☐ **Asthma**	☐ Intermittent ☐ Persistent ☐ Other: ☐ Medication/Treatment Order Attached ☐ Asthma Care Plan Attached
☐ **Seizures**	Type: Date of last seizure: ☐ Medication/Treatment Order Attached ☐ Seizure Care Plan Attached
☐ **Diabetes**	Type: ☐ 1 ☐ 2 ☐ Medication/Treatment Order Attached ☐ Diabetes Medical Mgmt. Plan Attached

Risk Factors for Diabetes or Pre-Diabetes: *Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors:Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.*

BMI_____kg/m2

Percentile (Weight Status Category): ☐ < 5th ☐ 5th- 49th ☐ 50th- 84th ☐ 85th- 94th ☐ 95th- 98th ☐ 99th and >

Hyperlipidemia: ☐ Yes ☐ Not Done **Hypertension:** ☐ Yes ☐ Not Done

PHYSICAL EXAMINATION/ASSESSMENT

Height: **Weight:** **BP:** **Pulse:** **Respirations:**

Laboratory Testing	Positive	Negative	Date	Lead Level Required for PreK & K	Date
TB- PRN	☐	☐		☐ Test Done ☐ Lead Elevated ≥5 µg/dL	
Sickle Cell Screen-PRN	☐	☐			

☐ **System Review Within Normal Limits**

☐ **Abnormal Findings – List Other Pertinent Medical Concerns Below** (e.g., concussion, mental health, one functioning organ)

☐ HEENT	☐ Lymph nodes	☐ Abdomen	☐ Extremities	☐ Speech
☐ Dental	☐ Cardiovascular	☐ Back/Spine/Neck	☐ Skin	☐ Social Emotional
☐ Mental Health	☐ Lungs	☐ Genitourinary	☐ Neurological	☐ Musculoskeletal

☐ Assessment/Abnormalities Noted/Recommendations:	Diagnoses/Problems (list) ICD-10 Code*
☐ Additional Information Attached	*Required only for students with an IEP receiving Medicaid

Name:	Affirmed Name (if applicable):	DOB:

SCREENINGS

Vision & Hearing Screenings Required for PreK or K, 1, 3, 5, 7, & 11

Vision	**With Correction** ☐ Yes ☐ No	**Right**	**Left**	**Referral**	**Not Done**
Distance Acuity		20/	20/	☐ Yes	☐
Near Vision Acuity		20/	20/		☐
Color Perception Screening	☐ Pass ☐ Fail				☐

Notes

Hearing Passing indicates student can hear 20dB at all frequencies: 500, 1000, 2000, 3000, 4000 Hz; for grades 7 & 11 also test at 6000 & 8000 Hz.				**Not Done**
Pure Tone Screening	**Right** ☐ Pass ☐ Fail	**Left** ☐ Pass ☐ Fail	**Referral** ☐ Yes	☐

Notes

Scoliosis Screening: Boys grade 9, Girls grades 5 & 7	**Negative**	**Positive**	**Referral**	**Not Done**
	☐	☐	☐ Yes	☐

FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS*/PLAYGROUND/WORK

☐ ***Family cardiac history reviewed** – required for Dominic Murray Sudden Cardiac Arrest Prevention Act

☐ **Student may participate in all activities without restrictions.**

If Restrictions Apply – Complete the information below

☐ **Student is restricted from participation in:**

- ☐ **Contact Sports:** Basketball, Competitive Cheerleading, Diving, Downhill Skiing, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Wrestling.
- ☐ **Limited Contact Sports:** Baseball, Fencing, Softball, and Volleyball.
- ☐ **Non-Contact Sports:** Archery, Badminton, Bowling, Cross-Country, Golf, Riflery, Swimming, Tennis, and Track & Field.
- ☐ **Other Restrictions:**

Developmental Stage for Athletic Placement Process ONLY required for students in Grades 7 & 8 who wish to play at the high school interscholastic sports level **OR** Grades 9-12 who wish to play at the modified interscholastic sports level.

Tanner Stage: ☐ I ☐ II ☐ III ☐ IV ☐ V

☐ **Other Accommodations*:** (e.g., brace, orthotics, insulin pump, prosthetic, sports goggles, etc.) Use additional space below to explain.

*Check with the athletic governing body if prior approval/form completion is required for use of the device at athletic competitions.

MEDICATIONS

☐ Order Form for medication(s) needed at school attached

COMMUNICABLE DISEASE	**IMMUNIZATIONS**
☐ Confirmed free of communicable disease during exam	☐ Record Attached ☐ Reported in NYSIIS

HEALTHCARE PROVIDER

Healthcare Provider Signature:

Provider Name: *(please print)*

Provider Address:

Phone:	Fax:

Please Return This Form to Your Child's School Health Office When Completed.

THE BRIDGES ACADEMY
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Dental Health Certificate

Parent(s)/Guardian(s): NYS law permits schools to request a dental examination in the following grades: school entry, Pre-K, K, 1, 3, 5 & 7. Your child may have a dental check-up during this school year to assess his/her fitness to attend school. Please complete Section I and take this form to your dentist for an assessment. If your child had a dental check-up before he/she started the school, ask your dentist to fill out Section II. Return the completed form to the School Nurse as soon as possible.

Section I: To be completed by Parent or Guardian

Child's Name: _____

Date of Birth: _____ Grade _____

Will this be your child's first visit to the dentist? ( ) Yes ( ) No

Section II: To be completed by the Dentist

The student listed above has been examined by a dentist on _____(date of exam). This student is in fit condition of dental health to permit his/her attendance at school

_____ _____

Dentist's Name and Address
(Please print or stamp)

Dentist's Signature

AUTHORIZATION FORM (HIPAA)

Authorization for Disclosure of Protected Health Information

Completion of this document authorizes the disclosure and/or use of individually identifiable health information, as set forth below consistent with Federal laws (including HIPAA) concerning the privacy of such information. Failure to provide all information requested may invalidate this authorization.

USE AND DISCLOSURE INFORMATION

Student Name_____ Date of Birth _____

I, the undersigned, do hereby authorize the following physician and/or health care provider

_____ _____

Name of Physician/Health Care Provider *Address*

to provide health information from the above-named child's medical record to the building principal, school nurse, physician and/or psychologist affiliated with The Bridges Academy 339 Snedecor Avenue, West Islip, New York, 11795.

Requested information shall be limited to the following:

☐ All necessary health information ☐ Disease-specific information as described:

_____

_____

This authorization shall become effective immediately and shall remain in effect for one year from the date of signature.

Law prohibits The Bridges Academy from making further disclosure of my child's health information unless The Bridges Academy obtains another authorization form from me or unless such disclosure is specifically required or permitted by law.

I understand the I may revoke this Authorization at any time. My revocation must be in writing, signed by me or on my behalf and delivered to the school and health care agencies/persons listed above. My revocation will be effective upon receipt, but will not be effective to the extent that The Bridges Academy or others have acted in reliance to this Authorization.

I understand that The Bridges Academy will protect this information as prescribed by the Family Educational Rights and Privacy Act (FERPA) and that the information becomes part of the student's educational record. The information will be shared with individuals working at or with The Bridges Academy for the purpose of providing safe, appropriate and least restrictive educational settings and school health services and programs.

I have a right to receive a copy of this authorization.

PARENT APPROVAL

_____ _____ _____

Printed Name of ParentGuardian *Signature of Parent/Guardian* *Date*